Heart Hands Valentine Activity

Create a handmade Valentine with your own hand! Follow the directions below to trace, cut out, and decorate a heartfelt Valentine card for your loved one. To make this handy Valentine, you will need: two different colored sheets of 8 1/2 x 11 paper, pencil, scissors, glue, small sheet of white or patterned paper, and markers or crayons.



Fold one piece of paper in half. Place end of thumb and pointer finger on fold and trace hand with a pencil.



Using scissors, cut out the hand. Cut a curved line at the bottom of the hand to connect pinky to thumb.



Open the hands and point the fingers down. Can you see the open heart formed in the middle?



For the heart opening, glue a small white or patterned piece of paper on the back side of the hands.



Put glue on the entire back side of the hands.



Glue the hands to a different colored sheet of paper.



Write a message inside the heart, on your hands, or on the background paper. Then, deliver to your Valentine.

